



# The Willing Horse Clinic

## *Transform Your Horse Into A Willing Partner*

**February 28-March 1, 2020**

**9:00-4:00 Daily**

**Lunch 12:00-1:00**

### ***Be the Rider Your Horse Deserves - Level 1 Friday***

These sessions are all about perfecting the use of your seat so you may achieve greater balance. Learning to balance through your seat and not your legs and hands will favor a more effective aids communication. Horses become more willing when there is clearer communication. You will learn:

- Create the correct rider's form for balance
- Learn how to use your seat to feel more secure
- Develop a balanced posting trot
- Develop a balanced sitting trot

### ***All about Clear Communication - Level 1 Saturday***

This session is about learning the basics of using your aids correctly so your horse may respond willingly when changing direction, speed or gaits. Horses understand and accept communication from the seat, leg and hands, in that order. You will learn:

- Learn the basic and correct use of your aids
- How to use your aides for easy transitions
- What to do when my horse does not respond
- Learn the open rein for a willing turn
- Exercises to develop a basic aids coordination

### ***All about the Horse's Balance - Level 1 Sunday***

These sessions are about perfecting your horse's straightness to develop more connection and uphill balance thus working towards collection and basic self-carriage. This is how you achieve consistent willingness from your horse. You will learn:

- Learn the natural mechanics of the horse
- Develop greater straightness and bending
- How to correct your horse's crookedness
- Introduction to leg yielding
- Improve the quality of your canter



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### ***Be the Rider Your Horse Deserves - Level 2 Friday***

These sessions are about perfecting the use of your seat so you may achieve greater balance. Learning to balance through your seat and not your legs and hands will favor a more effective aids communication. Horses become more noticeably willing with clearer communication. You will learn:

- Stretching exercises for increased flexibility and relaxation
- Achieve a deeper seat for more balance
- Improve the use of your seat for increased independence of legs and arms

### ***All about Clear Communication - Level 2 Saturday***

These sessions are about perfecting the use of your aids for a more controlled and precise communication thus preparing you to influence your horse's balance effectively. Horses become willing for longer periods of time with more accuracy and precision from the rider. You will learn:

- Develop looseness of upper & lower joints to prepare for a clear communication
- Learn the indirect/neck rein and the direct rein effects
- Improve your horse's canter departure
- Develop balance in the downward transitions
- Practice patterns to develop a clear and precise communication

### ***All about the Horse's Balance – Level 2 Sunday***

These sessions are about learning the basics of controlling your horse's body position to help put your horse in balance. Horses become willing when in an aligned balance, even for moments as the rider recognizes harmony. You will learn:

- To put your horse in front of the legs
- Introduction to straightness
- Keep the horse from losing his balance
- Basics of correct bending
- Improve the transition trot to canter to trot